

***Module for Internship Programme***  
*A Knowledge & Skill Exchange Programme*

- **Location – Bangalore (On-site Only)**
- **Structured framework**
- **Practical exposure through task-based learning**
- **Hours to be completed: 200 hrs / 90 hrs**
- **No Shadow Counselling**
- **No Clinical line of Work**

S.No	WHAT THE PROGRAM OFFERS TO THE INTERN?
1.	Teaching Career Assessments
2.	Understanding Case History + MSE
3.	Mock Session/ Roleplays
4.	Group Discussions
5.	Brief Understanding of Ethical Guidelines in Practice
6.	Case Conceptualization
7.	Case Presentation
8.	Introduction to Counselling Process
9.	Documentation
10.	Applications of Theoretical Framework
11.	Community Development
12.	Brief Understanding of Various Therapeutic Modalities
13.	Basic Counselling Skills
14.	Psychoeducation through Content Development
15.	Peer mentoring and Supervision

16.	Assessment tools for Social Emotional concerns
17.	Ideation and development of content

## LEARNING OUTCOMES

- Understanding issues or challenges revolving around various ages
- Create awareness among communities
- Learning from experienced individual about various topics
- To feel strengthened about working individually
- Support from experienced counsellors
- Documentation Process
- Module creation and conduction of awareness programs
- Basics of counselling and exposure to different modalities
- Experiential learning

## ADDED BENEFITS TO PARTICIPANTS

- Opportunity to be a part of discussion forums Parivarthana & Chinthana
- Opportunity to connect with Esteemed Alumni.
- Access to resources of the organization.
- Certificate of Completion
- Letter of Recommendation ( based on performance )

## WHAT IS PROGRAM EXPECTATION?

S. No.	Program Expectations
1	Maintaining regular <i>Fellowship Student Profile</i>
2	Taking <i>Initiative</i> to learn and discuss
3	Thorough understanding about <i>Asha The Hope</i>
4	Being <b>On Time &amp; Prompt</b> with the work
5	Maintaining <i>Professionalism</i> at all times

6	Being <b>On Toes</b> for the work taken and given/ Showing <b>Enthusiasm</b>
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Interested Participants can reach out to us at [info.course@ashathehope.in](mailto:info.course@ashathehope.in)

