

Module for Fellowship Programme
A Knowledge & Skill Exchange Programme

- **Location – Bangalore (On-site Only)**
- **Duration – 6 months (9:30 a.m to 5:30 p.m)**
- **Opportunities are based on skills and effort.**
- **Basic Stipend**
- **Attend a free workshop or course with Asha The Hope**
- **No Clinical line of Work**

S.No	WHAT THE PROGRAM OFFERS TO THE INTERN?
1.	Teaching Career Assessments
2.	Understanding Case History + MSE
3.	Mock Session/ Roleplays
4.	Group Discussion
5.	Brief Understanding of Ethical Guidelines in Practice
6.	Case Conceptualization
7.	Case Presentation
8.	Introduction to Counselling Process
9.	Documentation, Filing, Report Generation
10.	Applications of Theoretical Framework
11.	Community Development
12.	Brief Understanding of Various Therapeutic Modalities
13.	Basic Counselling Skills
14.	Psychoeducation through Content Development
15.	Peer mentoring and Supervision
16.	Assessment tools for Social Emotional concerns
17.	Ideation and development of content
18.	Psycho-competency tools and Scaffolding activities

19.	Online and Offline Counselling Guidelines
20.	Research and Development – conducting surveys, interviews
21.	Building Action Plans and Regiments
22.	Support group ideation, formulation and facilitation
23.	Reinforcement of positive methodology in counselling
24	Critics on Counselling Culture

LEARNING OUTCOMES

- Understanding issues or challenges revolving around various ages
- Create awareness among communities
- Learning from experienced individual about various topics
- To feel strengthened about working individually
- Support from experienced counsellors
- Documentation Process
- Project management
- Module Creation
- Facilitate and manage individuals with similar concerns
- Building confidence in conducting more awareness programs
- Enhanced Professional Communication Skills
- Module creation and conduction of awareness programs
- Basics of counselling and exposure to different modalities

ADDED BENEFITS TO PARTICIPANTS

- Opportunity to be a part of discussion forums Parivarthana & Chinthana
- Opportunity to connect with Esteemed Alumni.
- Access to resources of the organization.
- Certificate of Completion
- Letter of Recommendation (based on performance)
- Job opportunity depending on the competency of the participant and requirement of the organisation
- Hardcopy of Assessments

WHAT IS THE PROGRAMME EXPECTATION?

S. No.	Program Expectations
1	Maintaining regular <i>Fellowship Student Profile</i>
2	Taking <i>Initiative</i> to learn and discuss
3	Thorough understanding about <i>Asha The Hope</i>
4	Being On Time & Prompt with the work
5	Maintaining <i>Professionalism</i> at all times
6	Being On Toes for the work taken and given/ Showing Enthusiasm

Interested Participants can reach out to us at info.course@ashathehope.in

