

**Module for Fellowship Programme**  
*A Knowledge & Skill Exchange Programme*

- **Location – Bangalore (On-site Only)**
- **Duration – 6 months (8:30am to 4:30pm)**
- **Opportunities are based on skills and effort.**
- **Basic Stipend**
- **Attend a free workshop or course with Asha The Hope**
- **No Clinical line of Work**

| <b>S.No</b> | <b>WHAT THE PROGRAM OFFERS TO THE INTERN?</b>         |
|-------------|---|
| 1.          | Teaching Career Assessments                           |
| 2.          | Understanding Case History + MSE                      |
| 3.          | Mock Session/ Roleplays                               |
| 4.          | Group Discussion                                      |
| 5.          | Brief Understanding of Ethical Guidelines in Practice |
| 6.          | Case Conceptualization                                |
| 7.          | Case Presentation                                     |
| 8.          | Introduction to Counselling Process                   |
| 9.          | Documentation, Filing, Report Generation              |
| 10.         | Applications of Theoretical Framework                 |
| 11.         | Community Development                                 |
| 12.         | Brief Understanding of Various Therapeutic Modalities |
| 13.         | Basic Counselling Skills                              |
| 14.         | Psychoeducation through Content Development           |
| 15.         | Peer mentoring and Supervision                        |
| 16.         | Assessment tools for Social Emotional concerns        |
| 17.         | Ideation and development of content                   |
| 18.         | Psycho-competency tools and Scaffolding activities    |

|     |   |
|-----|---|
| 19. | Online and Offline Counselling Guidelines                 |
| 20. | Research and Development – conducting surveys, interviews |
| 21. | Building Action Plans and Regiments                       |
| 22. | Support group ideation, formulation and facilitation      |
| 23. | Reinforcement of positive methodology in counselling      |
| 24  | Critics on Counselling Culture                            |

### **LEARNING OUTCOMES**

- Understanding issues or challenges revolving around various ages
- Create awareness among communities
- Learning from experienced individual about various topics
- To feel strengthened about working individually
- Support from experienced counsellors
- Documentation Process
- Project management
- Module Creation
- Facilitate and manage individuals with similar concerns
- Building confidence in conducting more awareness programs
- Enhanced Professional Communication Skills
- Module creation and conduction of awareness programs
- Basics of counselling and exposure to different modalities

### **ADDED BENEFITS TO PARTICIPANTS**

- Opportunity to be a part of discussion forums Parivarthana & Chinthana
- Opportunity to connect with Esteemed Alumni.
- Access to resources of the organization.
- Certificate of Completion
- Letter of Recommendation ( based on performance )
- Job opportunity depending on the competency of the participant and requirement of the organisation
- Hardcopy of Assessments

## WHAT IS THE PROGRAMME EXPECTATION?

| S. No. | Program Expectations   |
|--------|--|
| 1      | Maintaining regular <i>Fellowship Student Profile</i>                        |
| 2      | Taking <i>Initiative</i> to learn and discuss                                |
| 3      | Thorough understanding about <i>Asha The Hope</i>                            |
| 4      | Being <b>On Time &amp; Prompt</b> with the work                              |
| 5      | Maintaining <i>Professionalism</i> at all times                              |
| 6      | Being <b>On Toes</b> for the work taken and given/ Showing <b>Enthusiasm</b> |

Interested Participants can reach out to us at [info.course@ashathehope.in](mailto:info.course@ashathehope.in)

